

Some thoughts and materials

From Wendy Micklewright

Mental illness is a lie – which causes untold suffering + distress...

Please see our website (which includes FOI requests / research): <https://e-voice.org.uk/friendship-group/>

I would particularly draw your attention to for fact ECT (Electroconvulsive Therapy) seems to be a sexist practise - this piece is relevant in my opinion ...

Pathologized Since Eve: Jessica Taylor on Women, Trauma, and “Sexy but Psycho”

Catherine's story around medication is deeply disturbing in my opinion

<https://www.madinamerica.com/2022/07/catherines-story-a-child-lost-to-psychiatry/>

I would particularly draw your attention to how Catherine looked before + after Mental health intervention - these issues need to be acknowledged + acted upon - working together ...

I do not attend online meetings generally – in solidarity – with many people I know who are digitally excluded for many reasons...

I am not a big fan of surveys – ask certain questions get certain answers....

When are people going to listen to us – not paid researchers?

The problem is poverty – not individuals being "gaslighted" into thinking they are mentally ill..

I think it is important to stress hearing voices is not an illness...

I understand the conflict between working in the system + challenging the system – it is however important to stress if people do not want the drugs, they should be supported to come off the drugs...